

Knowing Jesus: in our everyday

Matthew 11:28-30 and Philipians 3:10-11

“I want to know Christ”

One word summary:

One sentence summary:

²⁸ ‘Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light.’

Matthew 11:28-30 NIVUK

Jesus’ invitation...

1. Who it is to

2. What it is to

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3. Who it is from

“I want to know Christ,
– yes, to know the power of his resurrection
and participation in his sufferings...”

Two essentials:

- Bible
- Prayer

In five key elements:

- Praise
- Silence/stillness
- Reading/listening to God’s word
- Reflecting/meditating on God’s word
- Prayer

“Prayer strikes the winning blow;
service is simply picking up the pieces.”

Take it further

1. Read Matthew 11:28-30 slowly. In what area of your life at the moment do you most need to hear Jesus' words?
2. Without Jesus, which of Comfort, Achievement, Pleasure, Control, Affirmation, or Security does your soul most turn to for satisfaction? What does that look like in practice?
3. "The single most important thing in your life is your relationship with Jesus". What practical steps are you going to take to have unhurried uninterrupted time with Jesus each day?*
4. Which of the five key aspects of time with Jesus are you good at? Which are you lacking?

To read:

Hopeward: Gospel Grace for Weary Souls by Dai Hankey

