

**LIFE LET'S TALK
EXPLORED**

stmatthew'schurch

Week 1. Introduction

Tell us about yourself or your family, and something that makes you happy.

Talk:

Aims

We want you to feel comfortable.

We want to use your time well.

We want to talk about the big questions.

Jim Carrey: 'I wish everyone could get rich and famous and have everything they ever dreamed of so they would know that is not the answer.'

Russell Brand: 'Drugs and alcohol are not my problem. Reality is my problem. Drugs and alcohol are my solution to fill up the hole inside me.'

'The beginning of the good news about Jesus the Messiah, the Son of God.'
(Mark 1:1)

Reasons for believing in God are based on:

1. Creation

The universe had a beginning, so there ought to be a reason.

The universe makes sense in a consistent, logical way.

The universe is just right for humanity to exist.

The universe is too complex to come about by chance alone.

2. Conscience

People see good/evil as true for all, not as personal preference.

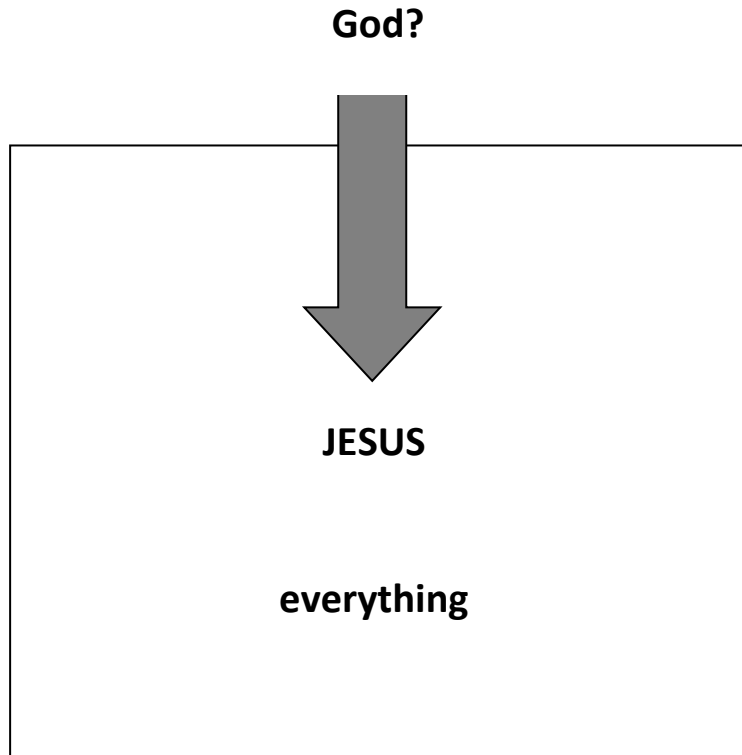
People long for eternity and need meaning.

People have an instinct to worship something greater.

People experience love as something real.

3. Christ

God has come into our world as one of us to make himself known.



‘Have I time to discover why I was born before I die?’ Bernard Levin

Discussion:

1. Why is it worth finding out about Jesus and the Bible?
2. If you could ask God one question, what would you ask?
3. Please read or watch Mark 1 & 2 ready for next week.

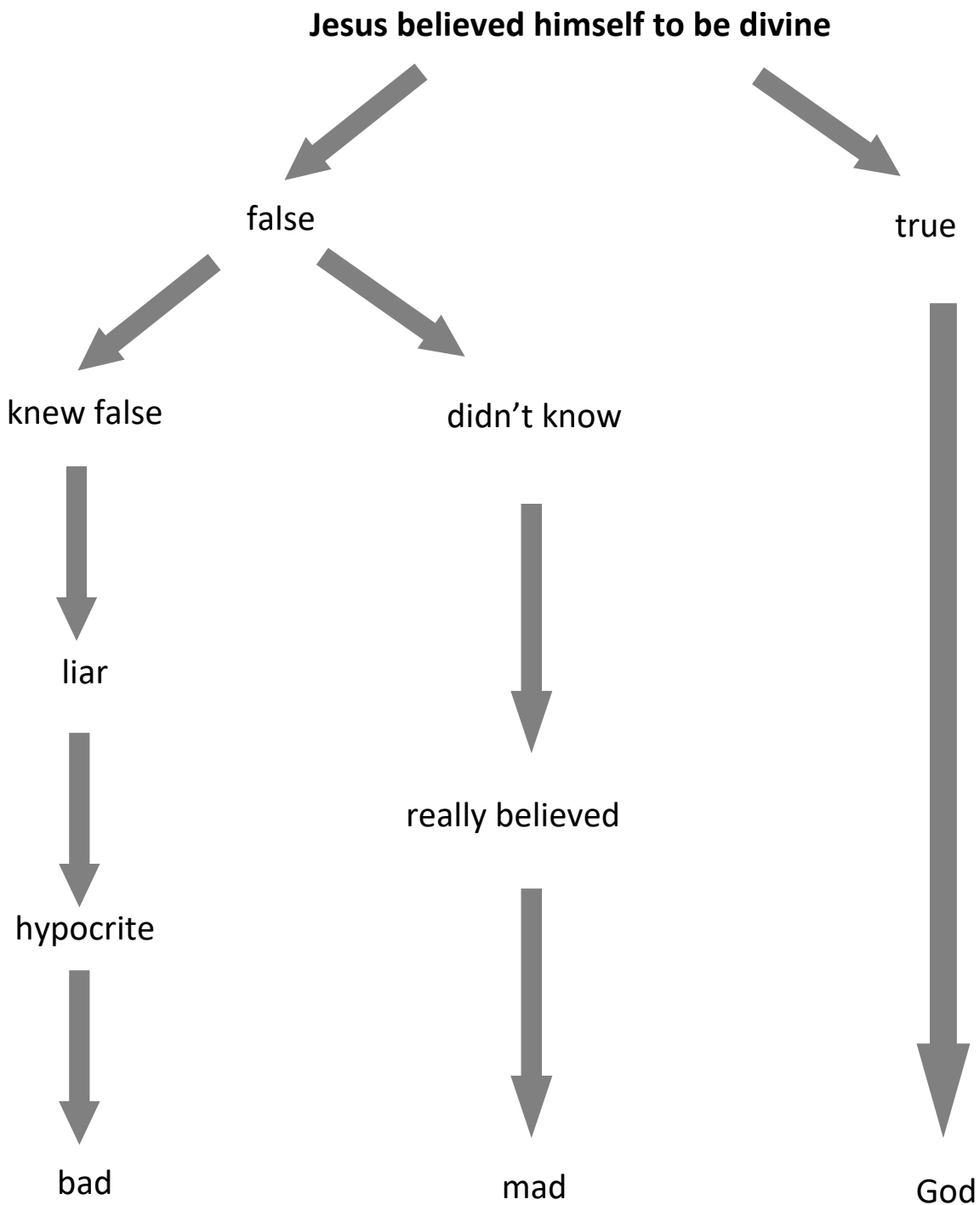
Week 2. Who is Jesus?

What were your reactions to Mark 1 and 2?

Talk:

Jesus said to be fully human and fully God

Mark 2:5-7, 14:61-64



Why believe Jesus is God?

- | | |
|---|---------------|
| a. His inspiring teaching | Mark 1:27-28 |
| b. His many miracles | Mark 1:32-34 |
| c. His fulfilment of predictions
(see page 6 for examples) | Mark 14:49 |
| d. His outstanding character | Mark 14:55-56 |

Discussion:

1. What do you think about Jesus' claim to be God?
2. How does this help answer the questions from week 1?
(or: How can we know whether God exists?)
3. Please read or watch Mark 3, 4 & 5 ready for next time.

Predictions about Jesus

There are many prophecies in the Old Testament about the Messiah. Historians agree these were written hundreds of years before the time of Jesus. Yet they predict his life accurately. Here are 4 examples:

	Prophecy	Jesus' life
Place of birth	<i>'But you, Bethlehem Ephrathah, though you are small among the clan of Judah, out of you will come for me one who will be ruler over Israel, whose origins are from of old, from ancient times.'</i> - Micah 5v2	Jesus was born in Bethlehem. (Matthew 2v1)
Family tree	<i>'The days are coming,' declares the Lord, 'when I will raise up from David's line a righteous Branch... This is the name by which he will be called: The Lord Our Righteous Saviour.'</i> - Jeremiah 23v5-6	Jesus was a descendant of David. (Luke 2v4-7)
Blood money	<i>I told them, 'If you think it best, give me my pay; but if not, keep it.' So they paid me thirty pieces of silver. And the Lord said to me, 'Throw it to the potter'— the handsome price at which they valued me! So I took the thirty pieces of silver and threw them to the potter at the house of the Lord.</i> - Zechariah 11v12-13	Judas Iscariot betrayed Jesus for thirty silver coins. Later Judas threw the money into the temple and left, and the priests decided to use the money to buy a potter's field. (Matthew 26v15, 27v5-7)
Gambling over clothes	<i>They divide my clothes among them and cast lots for my garment.</i> - Psalm 22v18	While Jesus was being crucified, soldiers gambled for his clothes by casting lots. (Matthew 27v35)

Week 3. Why did Jesus come?

What were your reactions to Mark 3, 4 & 5?

Talk:

Why should God let me into heaven?

Wrong answers: What I have done

Right answer: What Jesus has done.

Jesus came because:

1. Our hearts are wrong. *Mark 7: 18-23 & 12:30*
2. Our punishment is serious. *Mark 9: 43-47*
3. Our rescue is needed. *Mark 10: 26-27*

Discussion:

1. What do you think about Jesus' teaching about human wickedness & hell?
2. How does this help answer the questions from week 1?
(or Do we really need faith, isn't it enough if we try to be good?)
3. Please read or watch Mark 6, 7 & 8 ready for next time.

Week 4. Why did Jesus die?

What were your reactions to Mark 6, 7 & 8?

Talk:

Three details in Mark's account help explain why Jesus died:

a. **The cloud:** God was angry

Mark 15:33

b. **The cry:** Jesus was rejected

Mark 15:34 (see also Mark 10:45, 14:24)

c. **The curtain:** We can be accepted

Mark 15:37-38

Discussion:

1. According to Mark, why did Jesus die?
2. How does this answer your questions from week 1?
(or How can God allow suffering?)
3. Please read or watch Mark 9 & 10 ready for next week.

Week 5. Why did Jesus rise?

What were your reactions to Mark 9 & 10?

Talk:

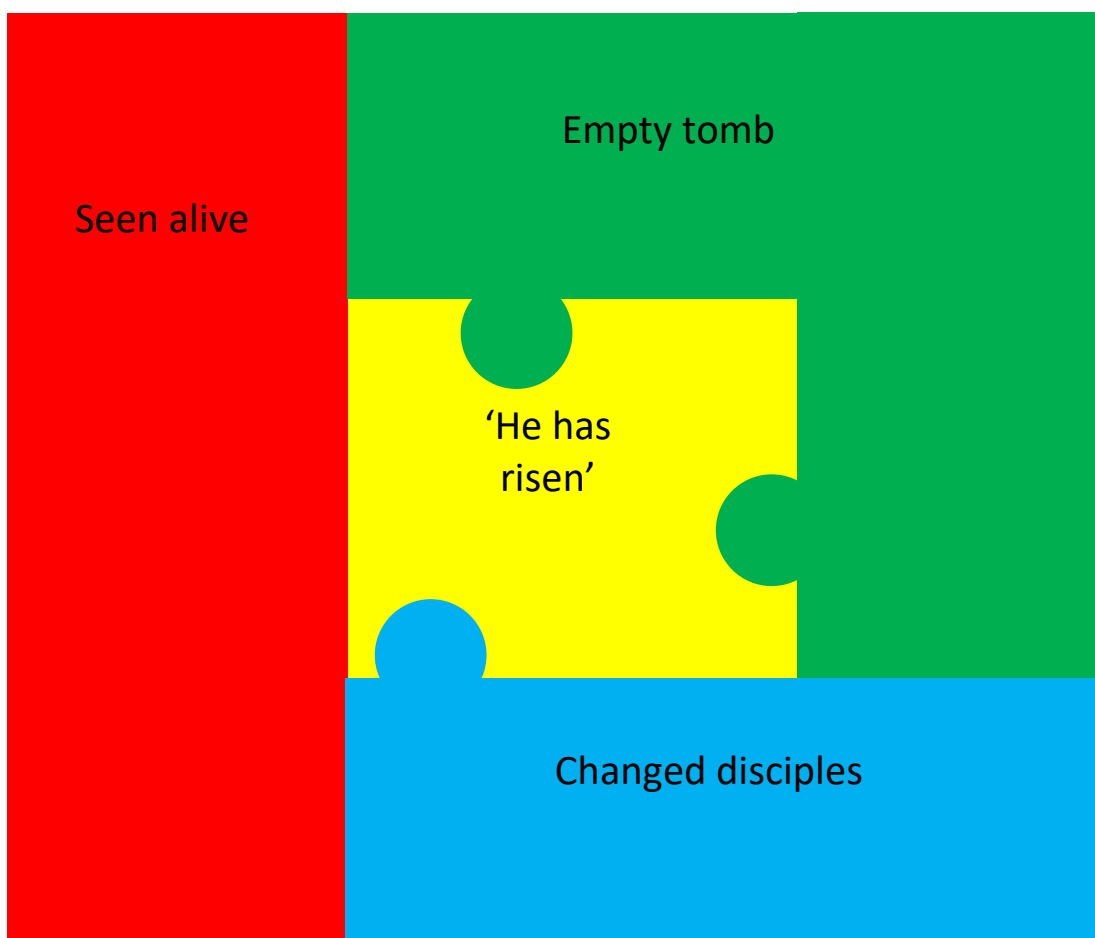
Jesus coming back from the dead:

It's hard to believe

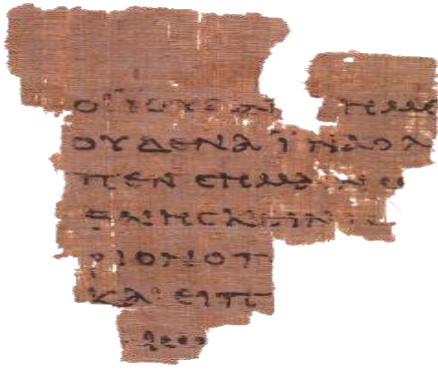
Mark 16:1-3

It's even harder to explain away

Mark 16:4-8



“That Jesus’ followers (and later Paul) had resurrection experiences is, in my judgement, a fact. What the reality was that gave rise to the experiences I do not know.”
E P Sanders, Queens College, Oxford.



The earliest surviving fragment of the New Testament at the John Rylands museum in Manchester and a page from an early complete New Testament at the British Museum in London. (See pages 11-12 for extra information.)

“The evidence for the resurrection is so strong that no-one would question it except for two things. First, it is a very unusual event. And second, if you believe it you have to change the way you live.”

Wolfhart Pannenberg, University of Munich and Harvard University

If Jesus really did come back from the dead, we have reason to believe:

1. Jesus was God
2. We need forgiveness
3. We can be forgiven
4. Death is defeated
5. The world will be made new
6. Life is worth living

Discussion:

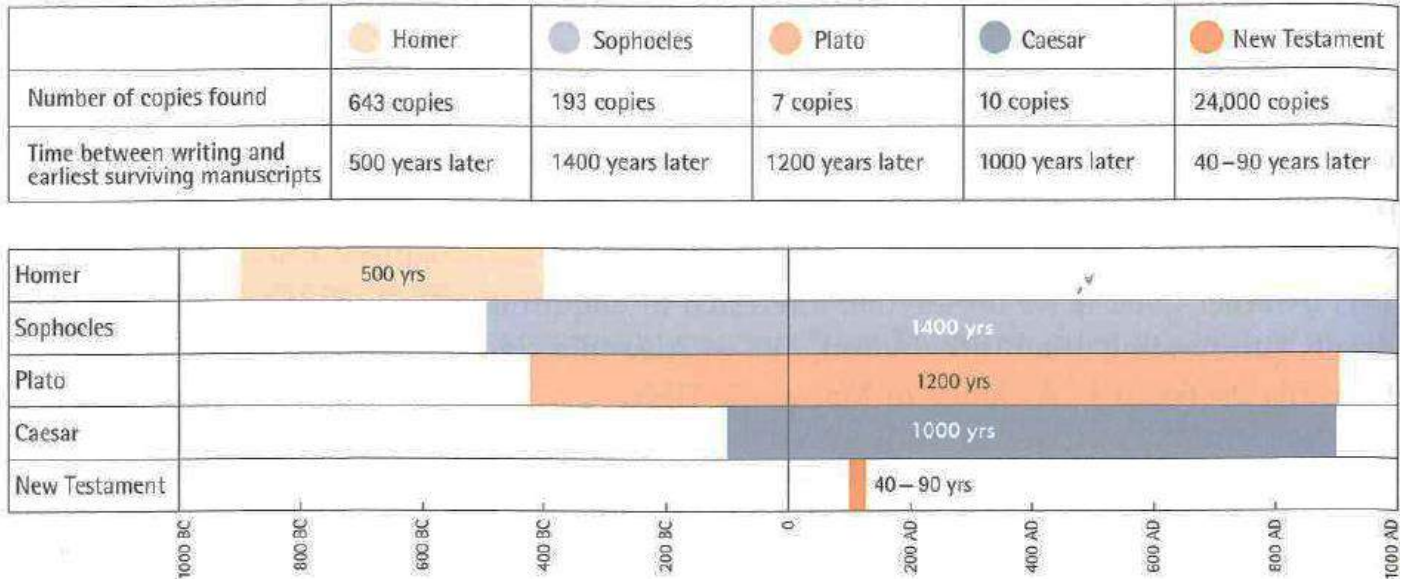
1. Why does it matter whether Jesus really came alive again?
2. How does this help answer your questions from week 1?
(or How can I be sure about life after death?)
3. Please read or watch Mark 11, 12 & 13 ready for next week.

Are today's Bibles the same as originally written?

The 27 documents of the New Testament were written between 40 and 100 AD. Modern Bibles include footnotes to show where there is doubt about the wording of the original. You can check those yourself as you read and will see that very few words are in doubt, and nothing that affects any important beliefs. What we have now is almost the same as what was written at the time. Historians are confident about this for two reasons.

Firstly, the **large number** of early manuscripts. Although there are no originals, there are over 24,000 ancient copies (5,000 in the original language).

Secondly, the **closeness in time** to the original, with the earliest portions dating from around 125 AD and copies of most/all of the New Testament from around 200 AD. If that gap sounds long, it is worth comparing other ancient works such as Homer's *Iliad* or the works of Plato, Caesar or Sophocles. Modern scholars accept the authenticity of those others works, yet they do not even come close to the New Testament in either number of manuscripts or closeness in time to the original – as shown below.



Sir Frederick Kenyon, former director of the British Museum puts it like this: *“The interval then between the dates of original composition and the earliest extant evidence becomes so small as to be in fact negligible, and the last foundation for any doubt that the Scriptures have come down to us substantially as they were written has been removed. Both the authenticity and general integrity of the books of the New Testament may be regarded as finally established.”* [F. Kenyon, *The Bible and Archaeology*, Harper and Row]

Why should we believe what they wrote?

The New Testament includes multiple independent eye-witness accounts.

John, wrote an account of Jesus, 3 letters and Revelation. He writes:

which we have heard, which we have seen with our eyes, which we have looked at and our hands have touched – this we proclaim... We proclaim to you what we have seen and heard... (1 John 1v1-3)

Peter, wrote 2 letters. Early accounts suggest that Mark translated for Peter and recorded Peter's version as Mark's gospel. Peter writes:

we did not follow cleverly devised stories when we told you about the coming of our Lord Jesus Christ in power, but we were eye-witnesses (2 Peter 1v16)

Paul wrote 13 letters. Some are dated to 20 years after Jesus. Paul writes:

After that, he appeared to more than five hundred of the brothers and sisters at the same time, most of whom are still living, though some have fallen asleep. Then he appeared to James, then to all the apostles, and last of all he appeared to me also (1 Corinthians 15v6-8)

Luke wrote an account of Jesus and of the first disciples and their travels. He travelled with them and gathered eye-witness accounts. He writes:

Many have undertaken to draw up an account of the things that have been fulfilled among us, just as they were handed down to us by those who from the first were eye-witnesses and servants of the word. With this in mind, since I myself have carefully investigated everything from the beginning, I too decided to write an orderly account for you, most excellent Theophilus, so that you may know the certainty of the things you have been taught. (Luke 1v1-4)

These accounts meet the criteria secular historians use to assess reliability. For example, it was not in their interests to make it up. They were persecuted for their claims about Jesus. Execution and imprisonment was common. The writers include information even when it doesn't help their case or doesn't portray them in a flattering light. The names, dates and places fit what is known from other written sources and from archaeology. Their version of events offers the most comprehensive explanation of known facts.

Week 6. How can I follow Jesus?

What were your reactions to Mark 11, 12 & 13?

Talk:

A Christian...

submits to Jesus as king,

Mark 8:27-29

and trusts Jesus as saviour,

Mark 8:30-35

because it's worth the cost

Mark 8:34-38

Prayer:

Dear God,

I know that I am not worthy to be accepted by you. I don't deserve your gift of eternal life. I am guilty of rebelling against you and ignoring you. I need forgiveness.

Thank you for sending your son to die for me that I may be forgiven. Thank you that he rose from the dead to give me new life. Please forgive me and change me, that I may live with Jesus as my ruler.

Amen.

Discussion:

1. What seems difficult and what seems good about following Jesus?
2. What, if anything, stops you from wanting to follow Jesus?
3. Please read or watch Mark 14, 15 & 16 ready for next week.

Week 7. How can we keep following Jesus?

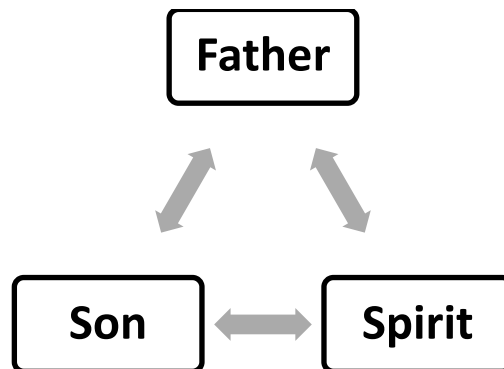
What were your reactions to Mark 14, 15 & 16?

Talk:

Following Jesus is not easy, but he has not left us to do it alone.

The Holy Spirit: God comes into our lives.

Mark 1:8-11



Prayer: We talk to God.

Mark 14:38

The Bible: We listen to God. (see page 15 for more)

Mark 12:36 (Old Testament)

Mark 13:11 (New Testament)

Church: We follow Jesus together.

Mark 3:34

Discussion:

1. What do you feel is helpful or difficult about prayer, the Bible and church?
2. Do you have any questions that we haven't discussed?
(or How can one God be Father, Son and Spirit?)

Where to find out more

‘Explore: Time with God’ is a booklet (also available as an app for your phone) with a Bible reading programme for beginners who want to read for 10 minutes at a time regularly, with questions and background information.

“A Fresh Start” by John Chapman is a simple beginners’ book about how to become a Christian and why.

“The reason for God” by Tim Keller makes a rational step by step case for belief in the Christian God.

“Confronting Christianity” by Rebecca McClaughlin answers ‘12 hard questions for world’s largest religion’ including **‘How can you say there’s only one faith?’** and **‘Doesn’t Christianity denigrate women?’** **‘How could a loving God send people to hell?’** and **‘Doesn’t science disprove Christianity?’**

Free articles and videos for those exploring Biblical Christianity:

www.ChristianityExplored.org

www.bethinking.org

www.twowaystolive.com

Good Christian books and Bible study guides are available from:

The Good Book Company www.thegoodbook.co.uk

10 of those www.10ofthose.com

Contact us

Feel free to get in touch with questions about Christianity or the Bible at any time. The Life Explored team are always happy to meet or send a reply.

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You are welcome to visit church as little or often as you choose, on any Sunday at 10.30am or 5pm, with no commitment to keep coming.

www.stmatthews.uk

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